

After Care Advice



Regulated by



Wren 
Healthcare
TREATMENTS

If you should feel in any way unwell or have unexplained fever after treatment, you should report this immediately to your doctor or Wren Healthcare nurse specialist for further advice. This is in no way likely, but it is important if you should have any unexplained symptoms to ask for further advice. If you wish to speak with your nurse specialist call 0203 974 6950 Mon - Fri (9AM - 5PM). If calling after hours or if you have concerns please contact 111 or your local emergency department.

Following treatment, preventative measures should be considered. If you usually use a cream or a suppository for symptomatic relief, please continue this as normal. You should only go to the toilet when you feel the need to open your bowels, and do not over-strain. You should also receive a lifestyle advice sheet from your nurse to inform you of preventative measures you can take.

Comments, Suggestions & Complaints:

Should you have any comments, suggestions or complaints please raise these initially with practitioner. If not satisfied you may put your comments, suggestions or complaints in writing to the Registered Person (Iain Campbell) at the address below:

Wren Healthcare Limited
Innovation House Innovation Way, Discovery Park Sandwich, CT13 9FD

Written complaints will be acknowledged within 2 working days and we aim to give a formal response to complaints within 20 working days. You may also make comments or suggestions about this guide to the above address.

The Care Quality Commission has no statutory powers to investigate any complaints that patients or other members of the public make about independent healthcare services, nor do they have a regulatory role to manage, arbitrate or resolve their complaints, concerns or allegations. However, they will take account of all information that they receive from the public about registered independent providers, or about unregistered providers that they consider should be registered. If they suspect that the provider has committed an offence under the Act or a breach under the regulations, they are required to take action to bring about improvement.

Care Quality Commission
Citygate, Gallowgate, Newcastle Upon Tyne, NE1 4PA
Tel: 03000 616161 | Email: enquiries@cqc.org.uk

A copy of our latest Care Quality Commission report and complaints policy is available on request

Post-Treatment Patient Guidelines after electrotherapy for haemorrhoids disease (piles)

After electrotherapy treatment some patients can experience an immediate sense of relief. You may have some mild discomfort after treatment and this may be eased by taking simple painkillers such as paracetamol. This should not last for more than 12 to 24 hours though this can vary, some patients may experience more pain than others. If you have pain that continues for a prolonged period, please contact Wren Healthcare on the number above for more advice.

It is common for there to be bleeding after treatment if you have previously experienced bleeding from piles. This should generally improve more quickly than without electrotherapy treatment. This is due to the shrinkage of the pile brought about by the electrotherapy treatment. It is unusual, but possible for there to be more significant bleeding so if this is experienced it is important to report this to your GP or Wren Healthcare nurse for further advice. You may experience some oozing after treatment even if your piles have not been bleeding recently.

Your nurse can usually anticipate the likelihood of this occurring at the time of your treatment and can advise accordingly. It is nothing to be unduly concerned about and usually settles in the first few days.

During treatment a saline soaked sponge is placed under the hip and some patients experience sensitivity of the skin on their hip after treatment. This can make the skin sensitive in the bath or shower and usually settles within the first couple of days and is nothing to be concerned about. Washing the area after treatment and applying a cooling moisturiser can be soothing and encourage more rapid resolution.

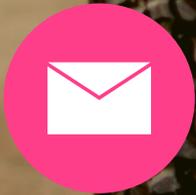
If you have had larger prolapsing piles, it is usual for prolapsing to continue after treatment, but this may be less than before and may improve further over the next 7 to 10 days. Improvement can continue after 10 days. Do not worry if the improvement is not all that obvious initially as, almost always, there will have been reduction in the size of the pile, but that might not be immediately apparent. If you are still getting prolapsing 10 days post electrotherapy, this is an indication that further treatment is going to be required. Most patients with larger piles require multiple treatments for complete control of their disease. If there is any concern, please ring Wren Healthcare for advice.

Contact Us

To discuss your treatment with a nurse specialist please get in touch...



0203 974 6950



info@wrenhealthcare.co.uk

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